

Walk-A-Round

IN THE EMPIRE STATE PLAZA

THE CAPITOL

STATE STREET

LEGISLATIVE
OFFICE BUILDING

JUSTICE
BUILDING

AGENCY
BLDG 4

THE
EGG

AGENCY
BLDG 3

CONVENTION
HALL

BUS TURNAROUND

WALKWAY TO
EAST GARAGE

AGENCY
BLDG 2

CORNING TOWER

AGENCY
BLDG 1

MADISON AVENUE

NYS
MUSEUM

**1/3 mile
(750 steps)**
in the Capitol, go up
141 stairs, around the
4th floor to the
opposite stairwell,
down 141 stairs

**1/4 mile
(500 steps)**
two times
around the Egg

**1 mile
(2,000 steps)**
perimeter of entire
Concourse and
Agency buildings

**1/2 mile
(1,000 steps)**
perimeter of main
Concourse corridor

**1/3 mile
(750 steps)**
four times around the
perimeter of any floor
in the Corning Tower

**1/2 mile
(1,000 steps)**
perimeter of the
NYS Museum